



20th October 2022

## Y7/8 Term 4 Newsletter

Dear Parents

Welcome back. Term 4 promises to be an exciting one!

**PROGRAMME:** Please refer to our Term 4 Long Term Plan PDF. Below are a few important things that you should know about some of the learning that's going on over the next 9 weeks.

### EOTC Week (Education Outside the Classroom) -28th Nov - 2nd Dec

**Y8 EOTC Week Overview:** This year we return to Mistletoe Bay, where the students will enjoy 4 device free nights away. They will sleep in cabins and tents, learn about the native bush, study water safety and survival skills. They'll problem solve, paint, run, swim and kayak. The programme is designed to offer new experiences and opportunities to all the students regardless of their confidence or previous experiences. More information including a detailed itinerary and gear list will be given later in the term. The cost will be \$410. If you have any issues or barriers with the costs, please do email John Western. If you have any questions regarding year 8 EOTC week, please email Sam Broadmore.

**Y7 EOTC Week Overview:** This year we are going to [Makahika Outdoor Pursuits Centre](#) for 28-30<sup>th</sup> Nov. Students will camp in tents and in cabins, complete the high ropes course, zip line, bush walking, hut building, team games, fire building and fire building safety. 1st Dec is the Amazing race around Seatoun: Students answer questions, explore around Seatoun with teacher and adult supervision. On Friday the 2nd Dec we head out on an Adventure bike ride to Pencarrow. We ride from the Eastbourne car park to Pencarrow light house, lunch at the light house, ride back to bus, and arrive back at school for a regular dismissal of 2.55pm. The cost for camp and all EOTC experiences will be approximately \$250. If you have any issues or barriers with the costs, please do email John Western. If you have any questions regarding year 7 EOTC week, please email Lucille Richardson.

**Year 8 Formal and Parent Function:** This is one of the most special nights for you and your child at their time at Seatoun School. This term, our Year 8 students will complete 10 formal dance lessons in preparation for our Y8 Leavers Formal Evening on the Tuesday of the last week of term. These dance sessions will be on Wednesday and Thursday afternoons from 1:45-2:45. There will be a parent and child evening lesson, with the date yet to be confirmed. As part of this evening there is also a Parent Function, hosted by the school. FoSS is not in a position to pay for this, so we will need to invoice you for this. There is an additional cost of \$55 per child to cover these sessions (\$30) and the Parent Function (\$25). This will be loaded onto your school account.

Year 8 parents, we also need to know what you want for the dinner for the children on the night. In the past it has been a shared dinner, with everyone bringing a plate. Last year we went with bento box or pizza, and with juice or water, ice blocks or cupcakes for dessert. [Fill in this quick survey to let us know what you would prefer.](#)

While our Year 8 students are dancing, our Year 7 students will engage in a range of activities including the design of each element of the Y8's formal night from the theme, down to the table setting. As is the tradition, parents of Year 8's will organise and run a portion of this evening. We must have your support for this event to run and in a way, Year 7 parents are paying forward for the following year. Contact Mr Western if you can assist.

**Health:** The Year 7/8 students will begin the "Positive Puberty" programme next week. They will learn about hygiene, managing physical and emotional change, discuss how to deal with peer pressure as well as other pressures they can expect, and how to navigate these, over the next few years. A Hero communication with more detail about what these sessions cover was sent out on Tuesday.

**Athletics:** In preparation for Eastern Zone Athletics trials, we will be running athletics rotations Mon-Thur of Wk 1. Please ensure your child has appropriate footwear.

Well-Being: We also continue with KiVa and our Pause Breathe Smile sessions, where we discuss different forms of bullying, how to identify them and what we can do to prevent them from happening.

Home Learning and Steeple Rock Challenges: Please check in with your classroom teacher if you are unsure of the home learning expectations. As a general rule students are expected to engage in a weekly task. This term it will be around novel studies and financial literacy. Reading at least 4 times a week for 15-20mins and to complete their 5 Steeple Rock Challenges by the end of Week 6 Term 4.

Sunhats: Students know that named school sun hats need to be worn every day.

Kind regards  
The Year 7/8 Team.