



17th October 2024

Y7/8 Term 4 Newsletter

Dear Parents

Welcome back. Term 4 is only 9 weeks long and packed full of great experiences for our tamariki.

PROGRAMME: Please refer to our Term 4 Long Term Plan PDF. Below are a few important things that you should know about some of the learning that's going on over the next 9 weeks.

EOTC Week (Education Outside the Classroom) -Y8 Nov 4th - 8th and Y7 Dec 2nd - 6th

Y8 EOTC Week Overview: This year we return to Mistletoe Bay, where the students will enjoy 4 device-free nights away. They will sleep in cabins and tents, learn about the native bush, and study water safety and survival skills. They'll problem-solve, paint, run, swim, paddleboard and kayak. The programme is designed to offer new experiences and opportunities to all the students regardless of their confidence or previous experiences. More information including a detailed itinerary and gear list will be given later in the term. The cost will be \$470. If you have any issues or barriers with the costs, please do email John Western. If you have any questions regarding Year 8 EOTC week, please email Sam Broadmore.

Y7 EOTC Week Overview: This year we are going to [Makahika Outdoor Pursuits Centre](#) for 2 nights (Dec 4th - 6th). Students will camp in tents and in cabins, complete the high ropes course, zip line, bush walking, hut building, team games, fire building and fire building safety. On Monday we head out on an Adventure bike ride to Pencarrow. We ride from the Eastbourne car park to Pencarrow light house, lunch at the light house, ride back to bus, and arrive back at school for a regular dismissal of 2.55pm. On Tuesday, we are running an Amazing race around the school: Students answer questions, explore challenges and build great teamwork with teacher and adult supervision. The cost for camp and all EOTC experiences is tbc. If you have any questions regarding year 7 EOTC week, please email Charles Daily or Alison Roper.

Year 8 Formal and Parent Function (Wed 11th Dec): This is one of the most special nights for you and your child at their time at Seatoun School. This term, our Year 8 students will complete 10 formal dance lessons in preparation for our Y8 Leavers Formal Evening. There will be a parent and child evening lesson, with the date yet to be confirmed. As part of this evening there is also a Parent Function, hosted by the school. There is a cost of \$20 per student to cover part of the cost of the dance lessons. This evening will involve a shared dinner for the students, so each student will need to bring a plate. (more details to follow)

While our Year 8 students are dancing, our Year 7 students will engage in a range of activities including the design of each element of the Y8's formal night from the theme, down to the table setting. As is the tradition, parents of Year 8's will organise and run a portion of this evening. We must have your support for this event to run and in a way, Year 7 parents are paying forward for the following year. Contact Mr Western if you can assist.

Health: The Year 7/8 students will begin the "Positive Puberty" programme next week. They will learn about hygiene, managing physical and emotional change, discuss how to deal with peer pressure as well as other pressures they can expect, and how to navigate these, over the next few years. A Hero communication with more detail about what these sessions cover was sent out on Tuesday.

Life Education Trust will also come in from next week to run 3 sessions with your students around drug awareness and dealing with peer pressure.

Well-Being: We also continue with KiVa and our Pause Breathe Smile sessions, where we discuss different forms of bullying, how to identify them and what we can do to prevent them from happening.

Athletics: In preparation for Eastern Zone Athletics trials happened yesterday and results will be posted soon.

Home Learning and Steeple Rock Challenges: The home learning this term is around acts of kindness. There is a task that the students will need to complete each week around this. Reading at least 4 times a week for 15-20mins and a final reminder to complete their 5 Steeple Rock Challenges before they go to camp.

Sunhats: Students know that named school sun hats need to be worn every day.

Kind regards, The Senior School Team.