

Steeple Rock Challenge



Senior School

2025

Senior School Steeple Rock Challenge

At this level The Steeple Rock Challenge is compulsory for all students.

- The minimum requirement is 5 Challenges for both class levels. You must choose or create at least 1 Challenge from each of the 5 Steeple Rock categories (Thinking, Relating to Others, Using Symbols & Text, Managing Self, Participating & Contributing) e.g. If you decide to use your participation in a sports team as your 'Participating & Contributing' Challenge, then you would not be able to raise money for the annual school charity appeal under the same category unless it was to be a 'bonus' Challenge that sits above the compulsory Challenges (it would earn 5 House Points).
- Each completed Challenge requires a quality presentation to the class. Presentations must:
 - Be between 2 and 4 minutes
 - Clearly show the relationship of the Challenge to the chosen category
- 4 Challenges must be completed and presented prior to the end of Term 3. It is recommended that you plan your strategy and timeframe early in Term 1.
- You may do more than the minimum number of challenges if you wish.
- Only one out of school sporting (team or individual) can be used in the compulsory 5 Challenges.
- Only one out of school cultural/arts (group or individual) can be used in the compulsory 5 Challenges.
- With the help of your parents and teacher you may design your own challenge in any, or all, of the sections.
- A 'Design your own Challenge' must be approved by your teacher.
- When you have completed a Challenge, it is your responsibility to meet with your teacher to show that you have completed it (self-check, parent check and some evidence), and to book in a class 'sharing time.'
- It's quality that counts, so take your time and do each Challenge with excellence.
- You earn 2 House Points for every Challenge completed and an additional 10 House Points after completion (including presentation) of the compulsory 5 Challenges i.e. a minimum of 20 points; and an additional 5 House Points for each 'Bonus' Challenge completed thereafter.
- On completion of all 5 Challenges, you receive a hat badge and certificate and your photo goes on the following year's Senior School Steeple Rock Challenge student booklet.

THINKING		Self	Parent	Teacher
T1	Make and edit a short movie. Show it to your class.			
T2	Create a puppet (with or without strings) and present a			
12	play to your class.			
T3	Learn about an artist (painter, photographer, dancer)			
13	and create a piece of artwork in the same style.			
T4	Use recycled materials to construct a practical and			
	creative machine.			
T5	Take a local/national/global problem & design/present			
15	at least 1 possible solution.			
T6	Design your own challenge.			

RELA	RELATING TO OTHERS		Parent	Teacher
R1	Visit and share with an elderly person at least 6 times over 2 terms - learn about their lives and record their stories.			
R2	Use your food technology skills to prepare, serve and clean up a 3 course dinner. You must include a menu, shopping list, and 'customer' feedback form. This challenge can be done with a friend and both families can enjoy the meal together.			
R3	Learn about the challenges/experiences of an ethnic group that has immigrated to NZ. Present your findings to the class.			
R4	Learn about a job/career that interests you by visiting and/or interviewing key people in that industry.			
R5	Teach someone else a skill that requires at least 8x 15 minute sessions.			-
R6	Design your own challenge.			,

USING LANGUAGES, SYMBOLS & TEXTS		Self	Parent	Teacher
U1	Write a story or an interview about a topical or current event, and get it published in local or national media.			
U2	You have been given \$10,000 to invest – research the options and present where you would invest your money and the rationale behind your decisions.			
U3	Record your household energy use over a week. Analyse and present your findings in a useful way for family and class.			
U4	Plan a family holiday (NZ or overseas) negotiating a budget and including destination options, accommodation, travel, sightseeing and other activities.	,		
U6	Design your own challenge.			

MANAGING SELF		Self	Parent	Teacher
M1	Pursue an individual creative activity for at least a term e.g. musical instrument, dance, art, craft.	100		
M2	Pursue an individual physical activity for at least 8 weeks e.g. Morning run or cycle.			
M3	Select an area that you want to develop in and practise at least 3x a week for 6 weeks.			
M4	Set yourself an endurance event goal and then train to achieve it. eg. Triathlon, Ocean Swim.			
M5	Organise yourself for school, and transport yourself to and from school independently over an 8 week period.			
M6	Earn at least 25% of the money for camp/EOTC week.		= = = = = = = = = = = = = = = = = = = =	
M7	Design your own challenge.			
M8	30 Day Challenge- go 30 days without using devices for entertainment	n o e		

PARTICIPATING & CONTRIBUTING		Self	Parent	Teacher
P1	Join a performing arts group for a term. Present your art and skills to the class.			
P2	Join a sports team for a season. Report to the class on what you achieved, enjoyed and learned.			
Р3	Take full responsibility for the family pet for at least 6 weeks. Take care of feeding, grooming, cleaning and exercising.			
P4	Organise a family walking or cycle trip of at least 4 hours Plan the route, refreshments and activities.			
P5	Earn at least \$5 for the annual appeal.		-	
P6	Design your own challenge.			

Please refer to the School Website for more information

www.seatoun.school.nz

Personal Log

Use the stars to rate your enjoyment and effort during each challenge.

=1			
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			1
Challenge ID (eg. U1)	Date Completed	Enjoyment	Effort
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Very Good: **

Best: * * *

End of Year Reflection

Write a paragraph reflecting on your 2025 Steeple Rock Challenge experience.