



9th October 2025

Y7/8 Term 4 Newsletter

Dear Parents

Welcome back. Term 4 is a big one, 11 weeks, which we have packed full of experiences and learning for your tamariki!

PROGRAMME: Please refer to our Term 4 Long Term Plan PDF. Below are a few important things that you should know about some of the learning that's going on over the next 11 weeks.

EOTC Week (Education Outside the Classroom) - Dec 1st-5th

Y8 EOTC Week Overview: This year we return to Mistletoe Bay, where the students will enjoy 4 device-free nights away. They will sleep in cabins and tents, learn about the native bush, and study water safety and survival skills. They'll problem-solve, paint, run, swim, paddleboard and kayak. The programme is designed to offer new experiences and opportunities to all the students regardless of their confidence or previous experiences. More information including a detailed itinerary and gear list will be given later in the term. The cost will be \$470. If you have any issues or barriers with the costs, please do email John Western. If you have any questions regarding Year 8 EOTC week, please email Sam Broadmore.

Y7 EOTC Week Overview: This year we are going to [Makahika Outdoor Pursuits Centre](#) for 2 nights. Students will camp in tents and in cabins, complete the high ropes course, zip line, bush walking, hut building, team games, fire building and fire building safety. On Monday we head out on an Adventure bike ride to Pencarrow. We ride from the Eastbourne car park to Pencarrow light house, lunch at the light house, ride back to bus, and arrive back at school for a regular dismissal of 2.55pm. On Tuesday, we are running an Amazing race around the school: Students answer questions, explore challenges and build great teamwork with teacher and adult supervision. The cost for camp and all EOTC experiences is tbc. If you have any questions regarding year 7 EOTC week, please email Charles Daily or Alison Roper.

Year 8 Formal and Parent Function (Wed 17th Dec): This is one of the most special nights for you and your child at their time at Seatoun School. This term, our Year 8 students will complete 10 formal dance lessons in preparation for our Y8 Leavers Formal Evening. There will be a parent and child evening lesson, with the date yet to be confirmed. As part of this evening there is also a Parent Function, hosted by the school. There is a cost of **\$20 per student** to cover part of the cost of the dance lessons. This evening will involve a shared dinner for the students, so each student will need to bring a plate, (some food). More details to follow.

While our Year 8 students are dancing, our Year 7 students will engage in a range of activities including the design of each element of the Y8's formal night from the theme, down to the table setting. As is the tradition, parents of Year 7's will organise and run (with the schools full support) a portion of this evening. We must have your support for this event to run and in a way, Year 7 parents are paying forward for the following year. Contact Mr Western if you can assist.

Health: The Year 7/8 students will begin the "Positive Puberty" and "Keeping Ourselves Safe" programmes next week. A Hero communication with more detail about what these sessions cover will be sent out later this week.

Life Education Trust Has already come in and run 3 sessions with your students around drug awareness and making good choices online.

Well-Being: We also continue with KiVa and our Pause Breathe Smile sessions, where we discuss different forms of bullying, how to identify them and what we can do to prevent them from happening.

Athletics: In preparation for the Eastern Zone trials we have begun practicing our running, jumping and throwing.

Home Learning and Steeple Rock Challenges: The home learning this term is about "Contributing to EOTC week". There is a task that has been shared with the students where they either raise money to help pay for their T4 camp experience, or they contribute by helping at home in some way. Ask your child to see the full assignment. Reading at least 4 times a week for 15-20mins and a final reminder to complete their 5 Steeple Rock Challenges before they go to camp.

Sunhats: Students know that named school sun hats need to be worn every day.

Kind regards, The Senior School Team.